

**CALGARY AQUABELLES**  
**Michelle Cameron Invitational Meet**  
Final Schedule  
February 6-8, 2009  
Talisman Centre, 2225 Macleod Tr. S  
Calgary, Alberta

**Friday February 6, 2009**

10:00am – 4:30pm Routine Practice Times  
4:30pm - 4:45pm Official Opening and Welcome with Michelle Cameron

**TIER 1-7 DUET EVENT and SENIOR TECH TEAM EVENT**

4:45pm – 5:00pm Warm Up Tier 1 & Tier 2 Duets  
5:00pm – 6:20pm Tier 1 Duets (7) & Tier 2 Duet (9) Competition  
  
6:20pm – 6:35pm Warm Up Tier 3 & Tier 4 Duets  
6:35pm – 7:40pm Tier 3 (7) & Tier 4 Duet (6) Competition  
  
7:40pm – 7:55pm Warm Up Tier 5 Duets and Tier 6 (all) Duets  
7:55pm – 8:45pm Tier 5 Duets Competition (2), Tier 6 (15 & Under ) (5),  
and Tier 6 (16 & Over) (3) Competition  
  
8:45pm – 9:00pm Warm Up Tier 7 Senior Tech Team  
9:00pm – 9:05pm Tier 7 Sr.Tech Team (1)

**Saturday February 7, 2009**

**FIGURE EVENT**

6:45am – 7:00am Tiers 3 & 4 Figures Warm Up  
7:00am – 8:00am Tiers 3 (28) & Tier 4 (19) Figure Competition  
  
8:00am – 8:15am Tier 2 Figures Warm Up  
8:15am – 9:10am Tier2 (49) Figure Competition  
  
9:10am – 9:25am Tiers 1 Figure Warm Up  
9:25am – 10:25am Tiers 1 (60) Figure competition  
  
10:25am – 10:40am Tiers 5, Tier 6 (all), Tier 7 Jr Figure Warm Up  
10:40am – 12:40am Tiers 5 (7), Tier 6 (44) and Tier 7 Jr (7) Figure Competition  
Note: Tier 5 will compete at 10:40 am, Tier 7 will start on same panel approx. 1 hour later  
  
12:40pm – 1:30pm **Judges Break**

## **Saturday (Cont.)**

1:00pm – 1:15pm Having Fun and Visualizing Our Potential with Michelle Cameron

### **TIER 1-7 SOLO EVENT**

1:15pm – 1:30pm Warm Up Tier 1 Solos & Tier 7 Senior Solo Tech

1:30pm – 2:50pm Tier 7 Senior solo Tech (4) & Tier 1 (12) Solo Competition

2:50pm – 3:05pm Warm Up Tier 2 Solos

3:05pm – 4:00pm Tier 2 Solo (11) Competition

4:00pm – 4:30pm **Judges Break**

4:15pm – 4:30pm Warm Up Tiers 3 & Tier 4 Solos

4:30pm – 5:50pm Tier 3 (10) Solo and Tier 4 (6) Solo Competition

5:50pm – 6:05pm Warm Up Tier 6 (all), Tier 7 Jr., Solo & Tier 7 Sr. Solo Free

6:05pm – 7:10pm Tier 5 Solo (1), Tier 6 (15&U) Solo (4), Tier 6 (16 & O) Solo (4),  
Tier 7 Jr. Solos (2), Tier 7 Sr. Solo Free (3) Competition

## **Sunday February 8, 2009**

### **TEAM & COMBO EVENT – TIER 1-7**

9:00am – 9:15am Warm Up Tier 6 & Tier 7 Combo Teams

9:15am – 9:30am Tier 6 Combo Team (1) & Tier 7 Combo Team (1) Event

9:30am – 9:45am Warm Up Tier 1 Teams

9:45am – 10:15am Tier 1 Team Competition (6)

10:15am – 10:30am Warm Up Tier 2 Teams

10:30am – 11:10am Tier 2 Team Competition (8)

11:10am – 11:25am Warm Up Tiers 3, 4 & 5 Teams

11:25am – 11:40am Tier 3 Team Competition (3)

11:40am – 11:50am Tier 4 Team Competition (2)

11:50am – 11:55am Tier 5 Team Competition (1)

11:55am – 12:10pm Warm Up Tier 6 (all), & Tier 7 Junior Teams

12:10pm – 12:20pm Tier 6(15 & U) Team Competition (2)

12:20pm – 12:40pm Tier 6 (16 & O) Team Competition (4)

12:40pm – 12:45pm Tier 7 Jr. Team Competition (1)

1:15pm **Awards Ceremony** with Michelle Cameron

*Note: The schedule can be moved forward up to 30 minutes. Please be ready for your event should this occur.*

*North Pool is available from 8:00am Sunday for lap swimming*