



PROVINCIALS

(Package # 1)

March 2-4, 2007

Talisman Centre – Calgary, AB
2225 Macleod Tr. S
Hosted By: Calgary Aquabelles

EVENTS:

Solo (includes figures or tech routine)
Duet (includes figures or tech routine)
Team (includes figures or tech routine)
Routine Combo

ELIGIBILITY:

1. All Tier 6 & 7 competitive swimmers who have swum in a North or South Trials meet are eligible to compete at Provincials. Exceptions apply to those who have been granted a bye. Those who were granted a medical bye must supply confirmation of this with their entry forms.
2. There will be two age groups in Tier 6 and Tier 7 as follows.
Tier 6: 15 & under 16 & over
Tier 7: Junior Senior
3. All swimmers must swim in this meet in order to advance to Divisionals or MASY Challenge. Byes will only be given for medical reasons (doctor's note must be provided) or by the Synchrono Alberta Board. For 2007 all members of the Canada Winter Game team will be granted a bye to Divisionals.
4. Out-of-Province participants will be considered exhibition swimmers and will be ineligible for awards.

RULES:

The meet is governed by the rules outlined by Synchrono Canada and Synchrono Alberta in their respective rulebooks. Please refer to those rulebooks for clarification. **For any technical questions please direct them to the Chief Referee or the Synchrono Alberta office.**

MEET MANAGER:

Jacque Broadfoot, c/o Talisman Centre
2225 Macleod Tr. S
Calgary, AB
T2G 5B6
(403) 209- 2941 Aquabelle office
E-mail: jbroadfoot@shaw.ca

CHIEF REFEREE:

Rob Allen
780-483-6739
rwallen@shaw.ca

ENTRY FEES:

Event	Alberta Swimmers	Out-of-Province
Figures	\$20.00	\$22.00
Solo	\$20.00	\$22.00
Duet	\$40.00	\$44.00
Team (incl. Varied & Combo)	\$100.00	\$110.00
Solo Technical / Free	\$10.00 / \$20.00	\$11.00/\$22.00
Duet Technical / Free	\$20.00 / \$40.00	\$22.00/\$44.00
Team Technical / Free	\$50.00 / \$100.00	\$55.00/\$110.00

- ◆ **E-mail entry forms and mail entry fees to the Meet Manager.** Entry fees are payable to the host club, Calgary Aquabelles.
- ◆ A \$1.00 surcharge per swimmer per event is to be made payable to Synchro Alberta and submitted with your entry fees.
- ◆ Entry fees are non-refundable.

ENTRY DEADLINE:

All entries must be in by midnight February 9th, or postmarked by February 5th, 2007.

(Please note: clubs should be submitting registrations immediately following their area trials. A fine of \$20.00 will be charged to the club for each late entry and a fine of \$200.00 for each late club entry.)

ACCOMMODATIONS:

Days Inn – Calgary South
3828 Macleod Trail S.
Calgary AB T2G 2R2

(403) 243-5531 or Hotel Direct 1-800 – 361-3422

www.daysinn.ca

Rate: \$89 /night dbl room, free cont. breakfast, free u/g pkg, block of rooms being held under “synchro meet” until 1 month prior to the meet

Best Western- Calgary Centre Inn
3630 Macleod Tr. South
Calgary AB T2G 2P9

(403) 287-3900 or 1-877-287-3900

Rate: \$108/night (reg rate \$149/nt), Std room with 2 queen beds, free cont. brkfst, free pkg, extremely clean and new. Block of rooms booked under “Synchro swim meet”. Rooms can be held with a credit card with no charge until checkout.

Note: Calgary hotels are extremely busy with occupancy at these hotels 85-100% full, therefore it is advised to book early.

TENTATIVE SCHEDULE:

To Come

ADDITIONAL PRACTICE TIMES

Madelaine Otalora – bookings at Talisman Centre
motalora@talismancentre.com

FIGURE DRAW

Figure groups will be drawn a minimum of 48 hours prior to the start of the competition. Clubs or coaches who do not receive the draw information should contact the meet manager.

PRE-SWIMMERS

Pre-swimmers are required for figure and routine events. Please list the names of any interested swimmers on a separate sheet and submit it with your registration forms (no entry fee applies).

MEETINGS

Scratch meeting will take place daily prior to the start of the event. The Chief Scorer, Chief Referee and all Head Coaches must be present.

Judges and Coaches meetings will take place on deck immediately after events unless otherwise indicated during the meet.

ENTRY FORMS:

- ◆ Please see instructions within the entry forms file.

The Synchro Alberta entry form is available as an Excel spreadsheet on our website where the information can be entered directly into the spreadsheet and then e-mailed to the meet manager & jflowers@synchroalberta.com.
The entry forms can be found at <http://www.synchroalberta.com/schedule.htm>.

MUSIC

- ◆ Two tapes or CDs **must** be supplied at the registration desk prior to the start of the meet.
- ◆ These tapes/CDs **must** be clearly marked in a clear and legible manner on the spine of the case. It should include the swimmer or team name along with the event.
- ◆ Any tapes not supplied in this manner will result in a \$25.00 fine to the coach that is payable to the host club.

ACCREDITATION

As per rule 6.1 of the Synchro Alberta rulebook:

All coaches at Wildrose Classic coaching Tier 1-3, must be a minimum of Level 1 fully certified. Coaches have up until their third time coaching Tier 1-3 at Wildrose Classic to meet the minimum standard as defined previously. All coaches at Provincials/Wildrose Classic coaching Tier 4-7, must be a minimum of Level 2 fully certified. Coaches have up until their third time coaching at Provincials/Wildrose Classic to meet the minimum standard as defined previously. Any coach coaching at their third Provincials/Wildrose Classic who does not meet the applicable minimum standard will not be accredited to be on pool deck during this meet.

Entry forms will be reviewed to verify eligibility to be on deck and host clubs will be notified and will issue accreditation tags to only those coaches on the list.

CODE OF CONDUCT

To ensure that synchronized swimmers continue to uphold a high standard of conduct, and that we are always welcomed at pool and hotel facilities, we respectfully ask that coaches discuss with their swimmer the following code of conduct and require them to abide by it:

- All street shoes **MUST** be removed when on the deck area.
- All food must be consumed in the designated eating areas. No food or drinks are allowed in the change rooms, hallways or deck areas.
- Gel used for competitor's hair must not be disposed of in the sinks. Please put unused gel in the garbage. Hair is only to be gelled in the change rooms. Do not gel hair in the stands or on the pool deck. We would also ask that if athletes have their hair gelled in the hotel rooms prior to coming to the pool that the same courtesy is used and that all gel is mixed in the disposable containers and the excess disposed in the garbage and not down any sink or toilet drains.
- Athletes do not wash their hair in the sinks.
- Athletes shall not remove the gel from their hair in the hot tub facilities at the pool.
- Coaches are responsible to ensure that no swimmers remove bobby pins, hairpins, or hairnets in the pool area. They are to be removed only in the change area and then the coaches are to ensure that no bobby pins are left on the floor or counters.

- All athletes are to behave in a mature manner, respecting the guidelines set out by the facility. Please leave the facility as it was found.
- All facilities are to be left in the manner in which they were found at the beginning of the day.